

Title: Being Me

Year Group: 4

Term: Autumn 1

Vocabulary you will know...

rules - a direction that guides behaviour, action and choices.

routines - a series of things that happen at a particular time.

rights - a choice to make your own decisions

responsibilities - something that you are expected to do.

likes - something that appeals to you.

dislikes - something that does not appeal to you.

interests - something that you enjoy doing, learning or taking part in.

beliefs - something that you believe to be true.

identify - the set of qualities and beliefs that make one person.

self-esteem - your self-worth and how you see yourself.

community - a group of people with a common factor.

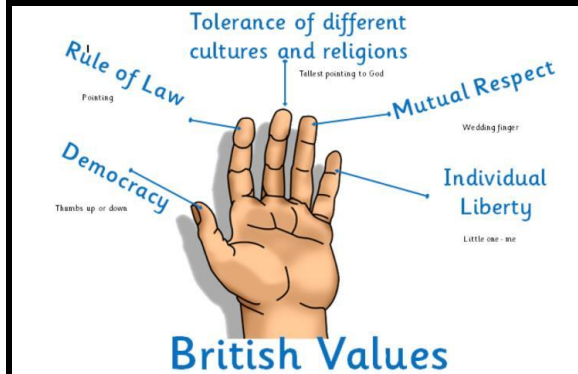
British Values - the values which underpin what it means to be a British citizen. They include: democracy, the rule of law, individual liberty and mutual respect and tolerance.



Key Learning

- ✓ Exploring different kinds of responsibilities at school and in the community.
- ✓ Identifying what being part of a community means.
- ✓ Appreciate the range of identities in the UK.
- ✓ Listen and respond respectfully.
- ✓ Identifying that differences and similarities between people arise from a number of factors.

British Values



Our PSHE Ground Rules

Ground rules

1. We will listen to each other.
2. We won't make fun of anyone.
3. You can 'pass' when answering a question.
4. We will not discuss our personal lives or use names
5. We know we can talk to our teacher or another adult in school if we want to talk or need help.

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